

ACADEMIC & CAREER PLANNING (ACP)

ACP DEFINED

An ongoing PROCESS to help students to:
develop an understanding of his or her self,
create a vision of his or her future,
develop individual goals, and
prepare a personal plan for achieving the vision and goals.

A PRODUCT from which a student can reflect on his or her:
learning goals,
plans during high school,
plans for after high school, and
financial literacy.

Your plan is *flexible* and *ongoing*.
Because of this, it may change from year to year or need revisions.

WHO IS THIS FOR?

WHEN WILL WE WORK ON IT?

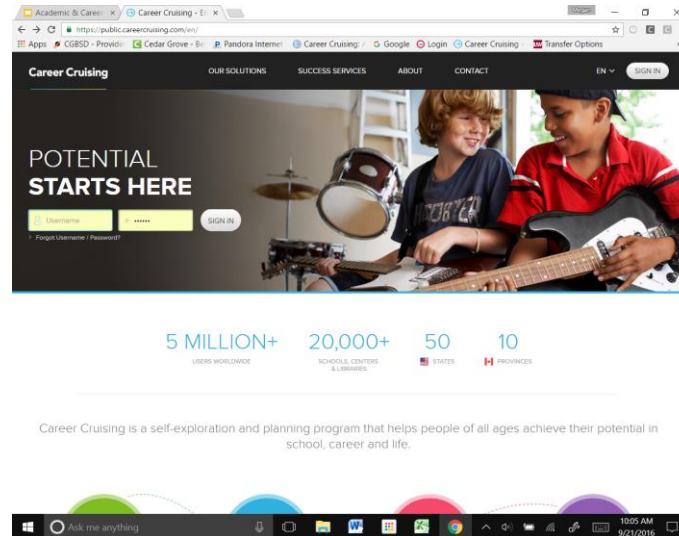
ACP is required for *all* students.

9-12 grade students will work on their ACP during designated Thursday Rocket Blocks with their Rocket Block teachers.

HOW CAN STUDENTS KEEP TRACK OF THEIR INFORMATION?

Throughout the school year you will be using Career Cruising to review your goals, make a plan, and find information about jobs and colleges. Your saved results on Career Cruising will be your PRODUCT and your portfolio.

www.careercruising.com



The screenshot shows the Career Cruising website homepage. The browser address bar displays "https://public.careercruising.com/en/". The website header includes the "Career Cruising" logo and navigation links for "OUR SOLUTIONS", "SUCCESS SERVICES", "ABOUT", and "CONTACT". A "SIGN IN" button is visible in the top right corner. The main banner features a photograph of two young boys playing music (one on a guitar, one on a drum set) with the text "POTENTIAL STARTS HERE" and a "SIGN IN" button. Below the banner, four statistics are displayed: "5 MILLION+ USERS WORLDWIDE", "20,000+ SCHOOLS, CENTERS & BUSINESSES", "50 STATES", and "10 PROVINCES". A descriptive paragraph states: "Career Cruising is a self-exploration and planning program that helps people of all ages achieve their potential in school, career and life." The Windows taskbar at the bottom shows the time as 10:05 AM on 9/21/2016.

WHAT ARE THE AREAS WE WILL BE WORKING ON?

KNOW: Self-Awareness/Exploration of Self

What are my “soft skills” and how can I empower myself?

EXPLORE: Career Awareness/Exploration

What do I think I want to do?

PLAN: Planning Activities

How do I get there?

GO: Management Activities

Complete the task and revise as needed.

KNOW: SELF-AWARENESS/EXPLORATION OF SELF - “WHO AM I?”

Interests

Skills

Strengths and growth areas

Personal values and beliefs

Available resources

EXPLORE: CAREER AWARENESS/EXPLORATION -

“WHAT DO I THINK I WANT TO DO!”

What careers align with my interest areas?

What skills do these careers require?

What education do these careers require?

What is the market like for these careers?

PLAN: PLANNING ACTIVITIES - “*HOW DO I GET THERE?*”

The plan should include:

Short and Long-term Student Goals - Done through Monday Rocket Block goal setting time.

- Personal
- Academic
- Career

Self and Career Exploration - Done on www.careercruising.com

- Career Interests
- Skills
- Learning Styles

PLAN CONTINUED...

Activities & Achievements

- Extracurricular activities

 - Football, Soccer, Forensics, Art Club, mission trips, etc.

- Employment

- Certifications & Awards

- Courses & Grades

- Test Scores (PSAT, ACT, ACT Aspire, Forward, Star, AP, etc)

Employability Materials and Experiences

- Resume

- Cover Letter

- Practice or actual interview experience

Understanding of resources & creating a **Financial Plan** for after high school

- FAFSA

- Loans

- Grants/Scholarships

- Financial Literacy Activities

GO: MANAGEMENT ACTIVITIES - “COMPLETE AND REVISE AS NEEDED.”

Create objectives and make changes to goals or plans when needed.

Maintain regular or ongoing communication with teachers, family, co-workers, etc to help you keep on track with your goals.

Participate in activities that will help bring your plan into action.