



SEPTEMBER PHYSICAL EDUCATION NEWSLETTER

Kindergarten- If your child is in 5K Mrs. Albright will be the Phy. Ed. Teacher. We will use music often in PE and this month we will work on spatial awareness along with our loco-motor skills such as the hop, skip, gallop, etc. We also will be working on our listening skills while we have fun with our new activities.

Grades 1 & 2- Mrs. Mundt will be the 1st grade PE teacher and Mrs. Albright will be teaching 2nd grade PE. We hope to advance our loco-motor skills now to include the leap along with learning new activities practicing the old ones. We also will be introduced to some fitness testing this month and continuing spatial awareness activities.

Grades 3 & 4- Mrs. Albright will be teaching one section of the 3rd grade students and two sections of the 4th graders. Mrs. Mundt will teach three sections of 3rd graders and two sections of the 4th grade students. The third graders will be introduced to various physical fitness tests while the 4th graders will be doing different PE testing. Along with these tests your child will be introduced to the different skills involved in football and new lead up games.